



INTENSIVE CAMPS 2024

DANCE & ACRO INTENSIVE INFORMATION

We are happy to let you know that our Dance Intensive and Acro Intensive Camp programs are returning this summer! These week-long, **full-day** training camps will be available during select summer camp weeks and are a great way for dancers to improve their technique and develop new skills over the summer. Dancers will also participate in our Fun Friday which includes a Pizza lunch!

DANCE INTENSIVE CAMP is a Summer training program designed for dancers looking for a more intensive dance training camp experience. Participants must have 3+ years of previous dance training. Dancers spend their time fully immersed in dance training rather than participating in arts & crafts or other non-dance activities that are part of regular Dance Camp. Dance campers will focus on improving their strength, flexibility and conditioning while exploring a variety of dance styles.

Dance Intensive Levels: Pre-Requisites

JUNIORS	- For ages 6+ with 3 or more years of dance experience
INTERS	- For ages 10+ with 4 or more years of dance experience in a variety of styles
ADVANCED	- For dancers ages 13+ with 5 or more years of dance experience in a variety of styles.

ACRO INTENSIVE CAMP is offered selectively throughout the summer and is ideal for dancers who want to improve their Acro technique skills, strength and conditioning, as well as incorporating dance technique.

In Acro Intensive camp, dancers work with our certified acrobatics instructors in groups based on age and ability. We focus on improving core strength, flexibility and artistry while progressing towards new skills and 'tricks'.

Please review minimum ages and pre-requisites for each level.

Acro Intensive Levels: Pre-Requisites

BEGINNER	<ul style="list-style-type: none">- For dancers ages 6+ with 2 years of dance or gymnastics training- Dancers in this level should be able to complete a cartwheel and have capability with basic balance skills such as headstands and bridges.
INTERMEDIATE	<ul style="list-style-type: none">- For dancers ages 9+ with 4 or more years of dance and acro or gymnastics experience- Dancers in this level should be working on front and back walkovers, basic 'flight' skills such as side aerials and balance skills such as elbow and chest stands.
ADVANCED	<ul style="list-style-type: none">- For dancers ages 12+ with 5 or more years of dance and acro or gymnastics experience- Dancers in this level should be comfortable with walkover variations and 'flight' skills and working on more advanced connected tumbling skills and balance / flexibility skills such as scorpions.



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DANCE AND ACRO INTENSIVE SCHEDULE: ** All intensive camps are FULL DAY **

	Session 1 July 1-5	Session 2 July 8-12	Session 3 July 15-19	Session 4 July 22-26
JULY INTENSIVE CAMPS			ACRO Beginner Intermediate Advanced	DANCE Beginner Intermediate Advanced
	Session 5 July 29 - August 2	Session 6 August 6-9	Session 7 August 12-16	Session 8 August 19-23
AUGUST INTENSIVE CAMPS			ACRO Beginner Intermediate Advanced	DANCE Beginner Intermediate Advanced

Registration Fees:

- Intensive Camp fees are \$615 per session plus HST for the full-day program.
- **SAVE!! Sign up for two or more intensive sessions and save \$50!.**
- Applicable discounts and Camp fees are paid in full at the time of registration.



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Drop-Off and Pick-Up

- Drop off is between 8:45 - 9:00 AM
- Pick up is at 4:00 PM
- After care is available from 4:00 - 5 PM for a flat fee of \$10/day. To register for after-care, please complete the Late Pick Up Form in your account no later than 1 week prior to camp starting.
- If your child is permitted to sign themselves out of Camp, a Sign Out Permission Form must be submitted online with your registration. Students are not permitted to sign themselves out without prior parental consent.

Clothing

- Campers are asked to come dressed for dance and ready to go! Campers should come in dancewear of their choice that is form-fitting and easy to move in. We recommend campers wear dancewear such as a leotard and dance shorts. Hair should be securely tied back and out of the face.
- All campers should bring dance shoes to dance in. Ballet, Jazz shoes and indoor runners are required for dance intensive camps. No outdoor shoes are permitted in the Studio and all campers will be given a place to store their outdoor shoes.

Snacks & Water Bottle:

- Campers should bring several nutritious, nut-free snacks each day. Full day campers should also bring a healthy, nutritious lunch.
- Campers should bring a labelled water bottle each day.
- Tandem Studios is a nut-free facility, we ask that no nuts be brought to the Studio.

Administrative Policies:

- Withdrawal from Camp requires 2 weeks written notice. A \$50 administration fee will be applied per each cancelled camp session.
- Camp fees are non-refundable with less than 2 weeks written notice.
- Tandem Studios has the right to cancel a camp session at any time due to low enrollment. In the event a camp is cancelled by Tandem Studios, camp fees will be refunded, less the administration fee.
- Please refer to our Administration & Procedure document for complete Studio policies.

Illness:

- If a dancer is sick or exhibiting any symptoms of illness, they must stay at home.
- If a dancer comes to The Studio displaying any symptoms of illness, a parent/guardian will be called and they will be sent home.
- We reserve the right to update our Illness policy throughout the season as government and public health protocols dictate.