

FITNESS HOLIDAY SCHEDULE 2018
DECEMBER 22 THROUGH JANUARY 4

Saturday December 22

9:00am Boot Camp

10:15am Boot Camp

Sunday December 23 - Thursday December 27 CLOSED

Friday December 28

6:00am Boot Camp

9:00am Boot Camp

Saturday December 29

9:00am Boot Camp

10:15am Boot Camp

Sunday December 30 CLOSED

Monday December 31

9:00-10:30am *Special New Years Eve Boot Camp party*

Tuesday January 1 CLOSED

Wednesday January 2

9:00am Boot Camp

7:00pm Belly Blitz

Thursday January 3

6:00am Boot Camp

9:00am Yoga

6:00pm AAA

7:00pm Boot Camp

Friday December 4

6:00am Boot Camp

9:00am Boot Camp

Saturday January 5 - Regular Winter fitness schedules begins